

beginnings, for they have a natural, strong business sense.

Many Taureans are very happy indeed working in agriculture and horticulture. The open air life is good for them, and contact with the soil seems to give them special satisfaction. They often have musical talent, too, and there are a great many professional Taurean musicians – especially singers.

Change, leisure and retirement

Taureans are not very good at dealing with change; they need a steady routine, and having got into a rut will continue to plough through it. Change seems to threaten their security, and can be emotionally disturbing. However, they are excellent planners, and if a change is necessary they will at least prepare themselves well for it. They greatly enjoy their leisure hours, and their generosity means they will spend lots of money entertaining friends. They may be rather lazy, however, and can all too easily waste time.

Retirement will be viewed with considerable pleasure, especially if there is an adequate pension. If they have a great deal of spare time, they should develop an interest which will occupy it – perhaps something they have enjoyed throughout their lives, and can now explore more fully. If this is not the case, they should be encouraged to take up new and interesting occupations, otherwise lethargy may age them. Gardening and golf spring to mind; the women of the sign particularly enjoy sewing and embroidery (patience is a Taurean virtue).

Health, diet and exercise

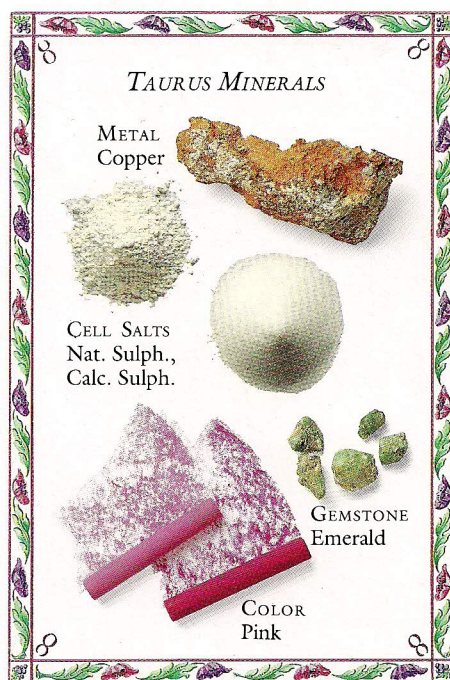
Taureans love their food, so can put on weight very easily. Members of this sign are reputed to be extremely good-looking, but too much extra weight does nothing for their figures. A reasonable diet is essential, but not always easy for them. Long hours at an office desk, business lunches and an ever-growing appreciation of good wines will not help their waistlines.

Heavy exercise is no problem; many young Taureans enjoy team games, and some enjoy weight-training. They tend to move slowly: aerobics or dancing will help them to speed up a little, as will brisk country walks, which will also be more aesthetically rewarding.

TAURUS AS ASCENDANT

Psychological motivation

When Taurus rises the basic impulse is acquisition, and is even stronger than with a Taurean Sun. As their self-confidence grows, it will be reflected in the possessions with which these people surround themselves. It seems they will never be psychologically whole until they can see around them material proof of their success. (This, of course, is true for Taureans at every economic level.) Established in their



own kingdom, they will often feel uneasy if they have to step outside it: once more, it is a signal of the importance of routine and security. Other Sun sign characteristics – stubbornness and possessiveness – are equally deep-rooted; these people will know they are right, and find it very hard to see anyone else's point of view unless it is identical to their own. Self-knowledge will be acquired the hard way.

The Taurean body area is the throat, but when Taurus rises there can be difficulties with the thyroid gland (ruled by Venus). Any inordinate weight gain not obviously due to diet may be traced to this.

Relations with partners will be very intense and passionate. These people make very demanding partners, with a high emotional energy that must be

“earthed” through the relationship. Sexual fulfillment will be of prime importance, and must be borne in mind when the subject is embarking on an emotional relationship. On the other hand, it is equally important that the commitment is not solely sexual; friendship between partners will make it easier to cope with problems whenever they arise. There may be considerable achievement, especially with the help of the partner.

TAURUS PROGRESSED TO GEMINI

When the Taurus Sun progresses into Gemini, these people can become more talkative or more argumentative, expressing their opinions more openly and taking life less seriously. They will be happier to exchange ideas, rather than suspecting that theirs are the only views worth considering.

The thinking processes will probably speed up, and the whole mental attitude will be far more flexible. A flirtatious tendency may develop; coupled with Taurean charm, this can be quite delightful. They will more readily enjoy getting out and about, and be less preoccupied with their creature comforts. There might be an increased interest in fashion; convention may be enlivened by a slightly trendier image.

Taurus rises very quickly in the northern hemisphere, so it is likely that a Taurean Ascendant will progress into Gemini when the subject is very young. This will be extremely helpful, making the outlook freer and more objective and positive, and less concerned with security. Altogether, he or she should become more adaptable, and much more able to assess psychological problems. A more rational outlook should make stubbornness less offensive, and if the subject is very young, parents should find that there will be better progress at school as the result of an increased interest in study and use of the mind.

If the individual was born in the southern hemisphere and is quite mature when the Ascendant changes signs, a more youthful outlook will develop. There will be an identification with the younger generation, and the need for intellectual challenge will enliven the stable Taurean personality.