

Change, leisure and retirement

Moving from one district to another will be very disturbing to a Libran, so changes of this kind should be minimized unless the individual is certain of their many benefits. The idea of approaching retirement will be blissful – in theory nothing is more attractive than the thought of not having to rise early, go to work, cope with the petty problems of a working life. However, without a compelling interest in life, retirement will be less fulfilling than these people imagine, and they may even find themselves aging quickly. New and enjoyable hobbies or activities will release fresh areas of potential.

Health, diet and exercise

It is all too easy for Librans to dismiss the idea of regular exercise, but they really do need it. Indeed, it should be an integral part of their life. It is excellent for them to join a health club that offers a good social life and a pleasant ambience, so they can not only work out but also meet congenial people. The exercise itself should be steady rather than spasmodically energetic. The Libran liking for rich, sweet food should be resisted whenever possible; a lighter diet is best, and inaction can encourage weight gain. The kidneys are the Libran organs, and tension or worry can provoke headaches. If these persist, medical advice is needed.

LIBRA AS ASCENDANT

Psychological motivation

Libra is not one of the strongest signs of the zodiac; any other powerful influence in the birth chart can sap its positive characteristics, especially when it is the rising sign. However, many typically Libran elements will be a part of the personality, especially the all-important need to relate which under these circumstances becomes the basic psychological motivation. Very often the whole personality is geared to this end, with people rushing into permanent relationships. Sadly, such premature commitments can end in heartbreak and divorce. The notorious Libran tendency to fall in love with love is here, however, spiced with lively sexuality and a greater enthusiasm for the physical aspects of love than is

often the case with a Libran Sun. The individual should be aware of his or her uncharacteristic leaning towards selfishness in close relationships.

A tendency to ignore personal faults rather than recognize and come to terms with them is also likely: self-satisfaction is not foreign to these people. Natural charm may at first disguise this, but not for long. Self-analysis is the best way for those with Libra rising to see clearly their character weaknesses and correct them. It is almost essential to involve a partner or



friend with whom they can talk things through, and who is able to be severely critical when necessary.

Worry or tension don't usually afflict those with Libra rising, so are unlikely to be the cause if the subject often has headaches. If these persist, medical advice should be sought as they may be due to a slight kidney disorder.

Many charts will reveal people born with Neptune close to the Ascendant. If in the first house of the birth chart, it can weaken the personality by increasing the Libran tendency to take the line of least resistance. The gentler, softer qualities of these people will then be strengthened by Neptune's sign placing; very pleasant, no doubt, but full of inherent problems. These individuals must learn to face up to reality and not resort to negative

escapism. If Neptune is in Libra in the twelfth house, there can be an inclination to experiment with drugs. The need to escape is better released through art, or perhaps religious or spiritual interests.

LIBRA PROGRESSED TO SCORPIO

When the Libran Sun progresses into Scorpio, the individual will have new determination and purpose. The Libran emotions, meaningful but rather lightweight, will now intensify, and the rather diffused personality will gain focus and a cutting edge. Scorpio is the most energetic of signs, so the Libran energy level is likely to be strengthened. Considering Scorpio's enjoyment of the good life and what it has to offer, it won't be surprising if Libra's love of easy living and self-indulgence is even more clearly shown. If ungoverned, this can obviously have an adverse effect on the health.

In a business career, Scorpio's influence on a Libran personality can be an enormous asset: its powerful business sense will be more than useful. In more domestic circumstances the romantic Libran image will become sexier; the wardrobe may now contain more black, and women may sport a deeper décolleté. The sex life should improve because it will assume greater importance, but Scorpio jealousy may appear and should be guarded against.

A Libran Ascendant progressing into Scorpio gives objectivity and a sense of purpose, which will help in decision-making. Indecisiveness will start to take a back seat, countered by the Scorpio determination and strength of will. Scorpio's strength will be a positive contribution to the personality, provided that (as with the progressed Sun sign) jealousy and suspicion do not become obsessions.

Emotional satisfaction within a career may become more important, and so the subject will be less complaisant about work which offers only an income rather than job satisfaction. In personal relationships, this person will want more than just a romantic association – there will be a need for a little grit, some challenge, a sense of purpose and a feeling that the partnership is going somewhere.