



Urtica urens by Jan Kops

URTICA URENS CREAM

This is a miraculous burn cream. Keep it in your kitchen for emergencies. This cream quickly soothes and promotes healing of burns. It is good for burns where there is itching and swelling. Urtica urens is excellent for first degree burns, and sunburns. For burns that are more serious, such as scald burns and third degree burns, I recommend that you take a dose of Cantharis 30C internally in addition to applying this cream. Urtica urens can also help with allergic skin reactions, such as hives or urticaria. It is also a good remedy for acute gout, and for encouraging breast milk production.

Safe Use of the Creams

These are homeopathic first aid creams and should be used in accordance with standard homeopathic indications.

In an emergency situation if you are in any doubt about the creams to use, the internal homeopathic remedies to take, or if it is a situation that may require surgery, please consult your homeopathic practitioner, medical doctor or go to the emergency room.

Homeopathic creams are a terrific adjunct to a classically prescribed constitutional remedy. The vicissitudes of life often require a first aid remedy to be prescribed. If a homeopathic first aid cream can do the trick instead of an oral dose of a first aid remedy, interruption of the action of the constitutional remedy can be avoided.

I myself have benefited from these excellent homeopathic creams. I don't know what I'd do without my *Ledum* cream when I go up to my cottage in Canada, which is surrounded nightly by the famous Ontario mosquitos. A little dab of *Ledum* cream and a mosquito bite is no bother to me! And both my sons could not have gotten through their teenage years without using *Calendula* cream on their acne breakouts.

-Amy L. Lansky, PhD

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HOMEOPATHIC FIRST AID CREAMS



WHY FIRST AID CREAMS

Some people may wonder why first aid creams are necessary. The best answer is that they are effective at relieving pain and bringing healing in first aid situations, and some chronic conditions. People on homeopathic constitutional remedies can get the healing properties of these creams and not worry about interference with their constitutional remedies.

